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Section: Bacteriology Procedures	Subject Title: Enteric Culture Manual	
Prepared by QA Committee		
Issued by: Laboratory Manager	Revision Date: 6/15/2023	
Approved by Laboratory Director:Next Review Date: 6/15/2025		
Microbiologist-in-Chief		

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# FAECES / RECTAL SWABS

#### I. <u>Introduction</u>

Acute infectious diarrhea may be caused by a number of different agents including bacteria, viruses and protozoa. The laboratory routinely searches for those bacteria that are most likely to cause diarrhea. Requests for viruses or protozoa will be sent to the Provincial Health Lab Virology section or Parasitology section, respectively.

When stool C&S is requested, the specimens will be examined routinely for *Salmonella*, *Shigella*, Campylobacter, and *E. coli* 0157:H7.

Upon special request, and if clinically indicated, the laboratory will also culture for the following: *Vibrio, Yersinia, Plesiomonas* and *Aeromonas*. Should one of these organisms be isolated during workup, they shall be reported.

For children between one month and 12 years of age (except those in the neonatal intensive care unit), cultures will be routinely set up for *Yersinia*.

### II. Specimen Collection and Transport

See Pre-analytical Procedure - Specimen Collection QPCMI02001

### III. <u>Reagents / Materials / Media</u>

See <u>Analytical Process - Bacteriology Reagents\_Materials\_Media List QPCMI10001</u>

### IV. <u>Procedure</u>

A. Processing of Specimens:

See Specimen Processing Procedure Manual

a) Direct Examination: Not routinely performed. Gram stain for faecal leukocytes if requested.

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Media		Incubation
MacConkey Agar (MAC)	O <sub>2</sub> ,	35°C x 18 - 24 hours
Hektoen Agar (HEK)	O <sub>2</sub> ,	35°C x 18 - 24 hours
MacConkey Sorbitol Agar (SMAC)	O <sub>2</sub> ,	35°C x 18 - 24 hours
Campylobacter Agar (CAMPY)	Campy Jar	42°C x 48 hours
Selenite Broth (SEL) <sup>1</sup>	O <sub>2</sub> ,	35°C x 12-18 hours
If <i>Yersinia</i> is requested or patient is >1 month–12 ye	ears old (excep	t for NICU), add:
Cefsulodin Irgasan Novobiocin Agar (CIN)	O <sub>2</sub> ,	30°C x 48 hours
If Vibrio is requested, add:		
Thiosulphate Citrate Bile Salt Sucrose Agar (TCBS)	) O <sub>2</sub> ,	35°C x 18 - 24 hours
Alkaline Peptone Water (APW) <sup>2</sup>	O <sub>2</sub> ,	35°C x 5 - 8 hours
If <i>Plesiomonas</i> is requested, <b>add</b> :		
Blood Agar (BA)	O <sub>2</sub> ,	35°C x 24 hours
If Aeromonas is requested, add:		
Blood Agar (BA)	O <sub>2</sub> ,	35°C x 24 hours
Cefsulodin Irgasan Novobiocin Agar (CIN)	O <sub>2</sub> ,	35°C x 24 hours
If Neisseria gonorrhoeae (GC) is requested (rectal s	wab only), <b>ino</b>	culate only:
Martin-Lewis Agar (ML)	CO <sub>2</sub> ,	35°C x 72 hours
fficile toxin assay is requested set up Cepheid	See C diffici	ile PCR by
L	uminex <u>Aries</u>	

**Notes:** 1. Subculture Selenite broth following overnight incubation onto HEK. Incubate the sub-cultured HEK at  $35^{\circ}$ C in O<sub>2</sub> for 18 - 24 hours. UNIVERSITY HEALTH NETWORK/MOUNT SINAI HOSPITAL, DEPARTMENT OF MICROBIOLOGY

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2. Subculture APW to TCBS Agar after 5-8 hours incubation. Planter has to notify the technologist on the Enteric bench at the time of processing. Incubate the TCBS Agar at  $35^{\circ}$ C in O<sub>2</sub> for 18 - 24 hours.

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## B. Interpretation of Cultures

Examine plates and perform Vitek-MS for suspected enteric pathogen colonies as per Table 1 below.

#### Table 1: Suspect colonies for workup.

Medium	Suspect colonies for Vitek-MS
MacConkey Agar (MAC)	Oxidase-negative,
	Non-Lactose Fermenter (NLF)
	(colourless or transparent)
Hektoen Agar (HEK)	Oxidase-negative,
	Green with or without H <sub>2</sub> S
MacConkey with Sorbitol (SMAC)	Oxidase-negative,
	Non-sorbitol Fermenter (NSF) (colourless)
Subbed Hektoen Agar (SFHEK) from	Oxidase-negative,
Selenite broth	Green with or without $H_2S$
Campylobacter Agar (CAMPY)	Oxidase-positive,
	Grey, pinpoint, flat or mucoid colonies
Yersinia Agar (CIN)	Oxidase-negative (Yersinia)
For Yersinia or Aeromonas	Oxidase positive (Aeromonas)
	Small colony with a dark red centre surrounded
	by a transparent border ("bull's eye").
Subbed TCBS agar for Vibrio from Alkaline	
Peptone Water	Yellow or blue green colonies
Blood Agar (BA)	
For Plesiomonas or Aeromonas	Oxidase-positive colonies
Martin-Lewis (ML)	

Any enteric pathogens identified by Vitek-MS requires additional testing as per Vitek MS Manual Organism Identification Acceptance criteria

(NLF/NSF E.coli, Salmonella spp, Shigella spp, Campylobacter, Yersinea, Vibrio, Plesiomonas or Aeromonas)

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If identification from MAC, HEK, SFHEK is unsuccessful from Vitek-MS, inoculate a urea slant and Trypticase Soy Broth (TSB). Incubate these for a minimum of 3 hours at  $35^{\circ}$ C in O<sub>2</sub>. Record Urea reactions and discard the tubes from urea positive isolates.

Subculture isolates with a negative urea test from the TSB into TSI, ONPG-PAM and MAC (half plate for purity). Read results after overnight incubation at  $35^{\circ}$ C in O<sub>2</sub> (<u>BACTERIA and YEAST WORKUP</u>- Enteric Pathogens).

C. Susceptibility Testing:

Refer to Susceptibility Testing Manual

## V. <u>Reporting Results</u>

Telephone all positive reports to ward or physician and infection control as per These must be reported to the Medical Officer of Health and is flagged in the LIS as "<u>Communicable Disease</u> (CD)".

### **Direct Smear**:

Gram Stain: For faecal leukocytes, if requested: "No pus cells seen" "Pus cells seen"

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## **Culture Report**:

### Negative Report:

Routine: "No Salmonella, Shigella, Campylobacter or E. coli 0157:H7 isolated."			
If Yersinia culture is performed:"No Salmonella, Shigella, Campylobacter, Yersinia or E. coli 0157:H7 isolated."			
If <i>Vibrio</i> is requested: "No <i>Salmonella, Shigella</i> , Campylobacter or <i>E. coli</i> 0157:H7 or <i>Vibrio</i> isolated."			
If <i>Pleisiomonas</i> is requested: "No <i>Salmonella, Shigella</i> , Campylobacter or <i>E. coli</i> 0157:H7 or <i>Pleisiomonas</i> isolated."			
If <i>Aeromonas</i> is requested: "No <i>Salmonella, Shigella</i> , Campylobacter or <i>E. coli</i> 0157:H7 or <i>Aeromonas</i> isolated."			
If Neisseria gonorrhoeae is re	equested: "No <i>Neisseria gonorrhoeae</i> isolated" If ML plate is overgrown by swarming Proteus or yeast report ONLY as "Unable to rule out <i>Neisseria gonorrhoeae</i> due to bacterial/yeast overgrowth."		

### Positive Report:

*E. coli* O157, *Campylobacter* spp., and *Yersinia* spp. - DO NOT report susceptibility result. Report with ISOLATE comment "In vitro susceptibility testing for this organism is not routinely performed and/or is unreliable. If advice on antimicrobial therapy is required, please contact the Medical Microbiologist".

### Salmonella species

Preliminary report:	Salmonella *Refer to <u>VITEK-MS-V2-sp</u> isolate comments specific to	peciesList Created-Translated listfor
Final report:	"Salmonella Health Laboratory	isolated. as reported by Public Report No".
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#### Shigella species

Preliminary report:	<i>"Shigella</i> isolated, confirmation from Public Health Laboratory to follow.
	NOTE: Occasionally, some E. coli may identify as presumptive species using our current in-lab methodology; confirmation by Health Lab reference methodology to follow."
Final report:	"Shigella, "serotype (if given) isolated, as reported by Public Health Laboratory Report No. ".
Campylobacter spect	ies
Final report:	"Campylobacter isolated."
<u>E. coli 0157:H7</u>	
Preliminary report:	<i>"E. coli</i> 0157 isolated, confirmation from Public Health Laboratory to follow".
Final report:	" <i>E. coli</i> 0157:H" "isolated as reported by Public Health Laboratory Report No".
Yersinia species	
Preliminary report:	<i>"Yersinia enterocolitica</i> isolated, confirmation from Public Health Laboratory to follow".
Final report:	"Yersina enterocolitica" "serotypeisolated. As reported by Public Health Laboratory Report No. 

Vibrio/Aeromonas/ Pleisiomonas species

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Preliminary positive report:	<i>"Vibrio or Aeromonas or Pleisiomonas</i> species isolated, confirmation from Public Health Laboratory to follow".
Final report:	"Vibrio or Aeromonas or Pleisiomonas" isolated as reported by Public Health Laboratory Report No. ".
<u>Neisseria gonorrhoeae</u>	

"Neisseria gonorrhoeae" "isolated" (do not quantitate)

#### VI. <u>References:</u>

Final Report:

Hardy Diagnostics. 2016. HDQA 2207F Rev. 012816hh https://catalog.hardydiagnostics.com/cp\_prod/Content/hugo/CINAgar.htm

P.R. Murray, E.J. Baron, M.A. Pfaller, R.H. Yolken. 2003. Manual of Clinical Microbiology, 8<sup>th</sup> ed. ASM Press, Washington, D.C.

H.D. Izenberg. 2003. Fecal Culture for Aerobic Pathogens of Gastroenteritis, p.3.8.1.1-3.4.8.6 in Clinical Microbiology Procedures Handbook, 2<sup>nd</sup> ed. Vol.1 ASM Press, Washington, D.C.

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## **DUODENAL OR SMALL BOWEL ASPIRATE / SWAB / BIOPSY**

### I. Introduction

Duodenal and small bowel aspirates and biopsy specimens are processed for O&P only. Swabs are processed for aerobic and anaerobic culture only. Aspirates and biopsy specimens for O & P should be sent to PHL for processing. If the aspirate is not already in SAF, transfer to SAF and then forward for processing.

### II. Specimen Collection and Transport

See Pre-analytical Procedure - Specimen Collection QPCMI02001

### III. Reagents / Materials / Media

See Analytical Process - Bacteriology Reagents\_Materials\_Media List QPCMI10001

### IV. Procedure

- A. Processing of Specimens See Specimen Processing Procedure Manual
  - a) Direct Examination: Gram stain not performed.
  - b) Culture:
    - i) Duodenal or Small Bowel Aspirates Duodenal and SB aspirates are processed for O&P only. If the specimen is not received in SAF, transfer the specimen to SAF and send to PHL. These specimens will not routinely be processed for bacterial culture.

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#### ii) Duodenal or Small Bowel Swab

Media	Incubation	
Blood Agar (BA) MacConkey Agar (MAC) Fastidious Anaerobic Agar (BRUC) Kanamycin / Vancomycin Agar (KV)	O <sub>2</sub> , $35^{0}$ C 18 x 48 hours O <sub>2</sub> , $35^{0}$ C 18 x 24 hours AnO <sub>2</sub> , $35^{0}$ C x 48 hours AnO <sub>2</sub> , $35^{0}$ C x 48 hours	

### B. Interpretation of cultures

Refer to Miscellaneous / Wound Manual.

#### C. Susceptibility Testing

Refer to Susceptibility Testing Manual.

#### V. <u>Reporting Results</u>

Refer to Miscellaneous / Wound Manual.

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# RECTAL / LARGE BOWEL (COLON) BIOPSIES

### I. <u>Introduction</u>

Rectal and Large Bowel (Colon) biopsies are usually collected for investigation of patients with bloody diarrhoea. Cytomegalovirus is the most common viral agent associated with this syndrome. Although bacterial agents such as *Salmonella, Shigella, E. coli* 0157:H7 and others may cause bloody diarrhoea, the preferred specimen for detection of these organisms is a stool specimen. However, if requested, bacterial culture will be performed and the specimen will be processed as a stool specimen.

A portion of the specimen received in the Microbiology Laboratory should be forwarded to the Virology section for processing.

### II. Specimen Collection and Transport

See Pre-analytical Procedure - Specimen Collection QPCMI02001

### III. <u>Reagents / Materials / Media</u>

See Analytical Process - Bacteriology Reagents\_Materials\_Media List QPCMI10001

### IV. <u>Procedure</u>

A. Processing of Specimens

See Specimen Processing Procedure Manual

- a) Direct Examination: Gram stain not indicated.
- b) Culture:

Media	Incubation
MacConkey Agar (MAC)	$O_2 35^{\circ}C \ge 18 - 24$ hours
Hekton Agar (HEK)	$O_2 35^{\circ}C \ge 18 - 24$ hours
MacConkey Sorbitol Agar (SMAC)	$O_2 35^{\circ}C \ge 18 - 24$ hours
Camyplobacter Agar (CAMPY)	Campy Jar 42°C x 48 hours
Selenite Broth (SEL)	$O_2 35^{\circ}C \ge 18 - 24$ hours

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B. Interpretation of Cultures

See Faeces/Rectal Culture Section

C. Susceptibility Testing

Refer to Susceptibility Testing Manual

## V. <u>Reporting Results</u>

Refer to Faecal/Rectal Culture Section

### VI. <u>References</u>

P.R. Murray, E.J. Baron, M.A. Pfaller, R.H. Yolken. 2003. Manual of Clinical Microbiology, 8<sup>th</sup> ed. ASM Press, Washington, D.C.

H.D. Izenberg. 2003. Fecal Culture for Aerobic Pathogens of Gastroenteritis, p.3.8.1.1-3.4.8.6 in Clinical Microbiology Procedures Handbook, 2<sup>nd</sup> ed. Vol.1 ASM Press, Washington, D.C.

### VII. Related Documents

MI\_SO Send-Out Manual

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## **Record of Edited Revisions**

### Manual Section Name: Enteric Bench Manual

Page Number / Item	Date of Revision	Signature of Approval
Annual Review	May 12, 2003	Dr. T. Mazzulli
Annual Review	May 26, 2004	Dr. T. Mazzulli
Annual Review	May 12, 2005	Dr. T. Mazzulli
Specimen collection procedure – see <u>Pre-analytical</u> <u>Procedure - Specimen Collection QPCMI02001</u>	July 23, 2006	Dr. T. Mazzulli
Specimen processing procedure - See Specimen Processing Procedure QPCMI06003	July 23, 2006	Dr. T. Mazzulli
Faces/Rectal Swab C&S – <i>Pleisiomonas</i> and <i>Aeromonas</i> added	July 23, 2006	Dr. T. Mazzulli
CIN agar for Yersinia – changed to 48 hour incubation	July 23, 2006	Dr. T. Mazzulli
Page 4 Volume of specimen to send to PHL	July 23, 2006	Dr. T. Mazzulli
Annual Review	July 23, 2006	Dr. T. Mazzulli
Annual Review	August 13, 2007	Dr. T. Mazzulli
Annual Review	August 15, 2008	Dr. T. Mazzulli
Annual Review	August 15, 2009	Dr. T. Mazzulli
Annual Review	August 15, 2010	Dr. T. Mazzulli
Annual Review	August 15, 2011	Dr. T. Mazzulli
Added Motility testing for identification of Campylobacter	March 01, 2012	Dr. T. Mazzulli
Annual Review	March 01, 2012	Dr. T. Mazzulli
Annual Review	May 31, 2013	Dr. T. Mazzulli
Updated with MS ID	February 05,2014	Dr. T. Mazzulli
Removed Campylobacter ID in appendix	February 05,2014	Dr. T. Mazzulli
Updated using Wellcolex for Shigella serological typing	February 05,2014	Dr. T. Mazzulli
Annual Review	February 05,2014	Dr. T. Mazzulli
E. coli may identify as presumptive Shigella species using	July 28, 2014	Dr. T. Mazzulli
our current in-lab methodology; confirmation by PHL		
Update stool pathogens canned messages	December 30, 2014	Dr. T. Mazzulli
Change Campylobacter canned message	March 09, 2015	Dr. T. Mazzulli
Rectal/Fecal swab manual revised.	March 09, 2015	Dr. T. Mazzulli
Removed appendix II Salmonella serology to technical	March 09, 2015	Dr. T. Mazzulli

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manual		
Annual Review	March 09, 2015	Dr. T. Mazzulli
Annual Review	February 21, 2016	Dr. T. Mazzulli
Add Remel Shigella serology for Shigella testing		
Changed Alkaline phosphate Broth to Alkaline peptone		
Water for vibrio		
Updated MSH logo in header		
Section Faeces and Rectal swab:	March 26, 2016	Dr. T. Mazzulli
Under Table 2 added foot note to Yersinia /Vibrio		
/Aeromonas / Pleisiomonas		
<sup>2</sup> If identified by routine specimen processing, proceed to		
report isolate despite the fact no request for isolation was		
received.		
Added Vibrio/Aeromonas with Pleisiomonas in reporting		
section.		
Annual Review	January 04, 2017	Dr. T. Mazzulli
CIN added to Aeromonas set up 35C for 24hrs		
Removed table 2 Workup of enteric pathogen ID from	August 15, 2017	Dr. T. Mazzulli
Vitek MS and replaced with a link to Vitek MS manual		
where table is now (organism acceptance table)		
Annual Review	January 04, 2018	Dr. T. Mazzulli
Minor format change	September 14, 2018	Dr. T. Mazzulli
Annual Review	January 13, 2019	Dr. T. Mazzulli
Minor updates to introduction and Table 1: Suspect		
colonies for workup notes under table.		
Paralinks fixed.		
pg 13 added Related Documents MI_SO	September 06, 2019	Dr. T. Mazzulli
Annual Review	June 15, 2020	Dr. T. Mazzulli
-Removed setting up Vancomycin Resistant Enterococcus		
(VRE) screen (on MSH clients only) for C.diff specimens		
- Changed C difficile PCR testing by Cepheid GeneXpert		
to Luminex Aries		

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Full document review included in all updates. Bi-annual review conducted when no revision had been made within 2 years.

Page Number / Item	Date of Revision	Edited by:
Minor formatting change	April 11, 2021	Jessica Bourke
Nomenclature update – removed clostridium difficile	April 19, 2021	Wayne Chiu

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